



TEAM UCP NEWSLETTER

December 2017

#Communicate #Serve #Grow
#Sustain

A Message from the CEO By: Doug Bergman

Dear Team Members,

Wow! Another year has flown by. I am very proud to be working for UCP and I know you are too. At this time of year, I am attending many events in our community, either meeting with vendors or just having a conversation with acquaintances; everyone speaks so highly of UCP and the work we all do in the Sacramento Community. They recognize our busses, hear about us on the radio or TV and see our clients out in the libraries, parks, etc. The visibility of UCP in the Sacramento area is phenomenal! The community is engaged with UCP and we are all engaged with the community so let's continue to show everyone that UCP stands behind its commitment to be the leading provider of comprehensive services in meeting our clients' needs. Thank you all for another great UCP year. I wish you and your families the very best Holiday Season and a very Happy New Year for us all.



CONGRATULATIONS! DECEMBER 2017 ANNIVERSARIES

- Malinda White, Trans 10 yrs
- Enrico Hernandez, Trans 10 yrs
- Sung Yi, TRII 8 yrs
- Lois Rhodes, Odyssey 7 yrs
- Fatima Shabazz, Respite 7 yrs
- Russell Muir, Respite 7 yrs
- Madline Russell, Respite 6 yrs
- Elizabeth Alcaraz, Respite 6 yrs
- Jonathon Chavarria, Respite 6 yrs
- Kathryn Lenau, Respite 6 yrs
- Joyce Kendricks, Respite 5 yrs
- Maria Rodriguez, Respite 4 yrs
- Debra Nusbaum, Respite 4 yrs
- Jessica Herlow, Respite 4 yrs
- Igor Kapelkin, Respite 4 yrs
- Kim Martin, Respite 4 yrs
- Jeging Pricer, Respite 4 yrs
- Theresa Aldridge, Trans 4 yrs
- Stacey Amaral, Respite 4 yrs
- Joshua Drenth, Respite 4 yrs
- Ashlee Nava, Respite 4 yrs
- Alexis Villalobos, Respite 4 yrs
- Brooke Brooks, Respite 3 yrs
- Lindsey Wrighton, Respite 3 yrs
- Lyl Cartagena, Respite 3 yrs
- Sarah Connelly, Respite 3 yrs



Happy Holidays

IT'S BACK
DRIVER REFERRAL PROGRAM RE-
FER A CLASS B DRIVER
GET \$300 AFTER THEY WORK
90 DAYS SEE HR OR YOUR MAN-
AGER FOR MORE

Program Spotlight By: Eric Ciampa

Each year UCP receives a large toy donation from Walgreens stores in Sacramento. Walgreens collects these toys in bins at their stores and then distributes these toys to non-profits to benefit local families. UCP's Transportation department picks up these toys and delivers them to our Respite Headquarters. UCP's Respite team sorts the toys by age/ability level and then we send out an email to all respite workers inviting them to pick up toys to deliver to families in need. Each year hundreds of families receive Christmas gifts from UCP. Last year the administration team adopted a family and delivered Nerf guns and a basketball to a 14 year old boy with Autism that lives nearby. He was so excited to receive these toys 3 days before Christmas! He just kept jumping up and down until I helped mom unwrap them and then we got into a Nerf war. It was great fun! Thank you for making this Holiday Season AMAZING.



UCP of Sacramento and Northern California is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 5,730 people a month in our eight-county area, empowering children and adults who—without support—would be isolated from community.

Development & Marketing News

By: Steve Horton

The Community Supports UCP



The Joyce and Jim Teel Foundation donated \$10,000 to UCP's Heroes Astride – Saddle Pals horsemanship program servicing active military and veterans. The largest donation to this program!

The Tegna Foundation is supporting UCP's Community Living and Support program with a \$3,000 donation.

The Maximus Foundation is giving \$2,500 to UCP's Autism Center for Excellence program.

It costs you nothing to donate to UCP with Amazon Smile.



Amazon donates .5 percent of your purchases to UCP. How does this work? Go to smile.amazon.com and sign into your Amazon account – select UCP of Sacramento and Northern California. Just another way to add a bit of happiness to this season.

Do you have stuff that no longer gives you joy? Is there stuff in your house or a car/motorcycle in your driveway that no longer brings you joy?

Donate your clothes and household goods – free pick-up call 1-800-423-9350. Want that vehicle out of your way call 1-866-827-7212. A donation will be made to UCP.

UCP Safety Culture

By: Kyle Vang

Holiday Traveling Safety

The holiday season is here and many of us will be traveling long distances to spend quality time with our loved ones. According to the National Highway Transportation Safety Administration, nearly 64 million Americans will plan to travel 50 miles or more during this holiday and about 52.4 million of them will be traveling by automobile. To be safe this holiday season, let's take a look at some road safety tips:

If you are planning to travel more than 50 miles from your home, make sure that your car is well-equipped for traveling.

- ◆ Check your car's tire tread and air pressure, battery, motor oil, antifreeze, transmission fluid, brake fluid, brake pads, etc.
- ◆ Make sure that you have a jack and lug wrench in your car and that your spare tire is properly inflated.
- ◆ Keep a safety kit in your car. The safety kit should include, a flashlight with extra batteries, jumper cables, first aid kit, water, non-perishable food items, matches, blankets, and flares or other warning devices. You should also include an ice scraper, small shovel, and a bag of sand or kitty litter in case you get stuck in the snow.
- ◆ Have a cell phone with you at all times in case of an emergency.
- ◆ Allow extra time in your schedule because this is one of the busiest times to travel and patience and flexibility will be needed.
- ◆ Schedule your trip to avoid driving drowsy during normal sleep hours.
 - ◆ Plan for at least a 15-minute rest stop every two hours.
 - ◆ Limit driving to 350 miles per day or no more than eight hours on the road to avoid drowsy driving.
 - ◆ Plan on having at least two capable drivers, so you can switch after driving for a certain amount of miles or if one is exhausted from driving for too long.



DECEMBER 2017

Anniversaries Continued...

Kayla Daly, EOS	3 yrs
Rosanna Yerger, SacAGE	2 yrs
Sheila Aamodt, Admin	2 yrs
Lena Tereau, Trans	2 yrs
Kimberly Tran, Respite	2 yrs
Andrea Newsome, Respite	2 yrs
Linda Shames, SJAGE	1 yr
Adreonna Richards, Shuttle	1 yr
MaryKing, Respite	1 yr
Regina Ray, Respite	1 yr
Ashley Wibber, Respite	1 yr
Donald Tyler, Shuttle	1 yr
Kelly Baylor, SJAGE	1 yr
Shameka Houston, Respite	1 yr
Angela Vail, DO	1 yr
Bresha Darbonne, PSS	1 yr



OPEN POSITIONS

Class B & C Driver

Community Integration Specialist

F/T & P/T DSP

ILS Instructor

Respite Worker