

2013 - 2014 Annual Report

No Limits



of Sacramento and Northern California
Life without limits for people with disabilities





Table of Contents

- Message from the CEO..... 1
- Client Story, Shelby, Age 14..... 2-3
- Financials 4
- UPC At-A-Glance..... 5
- 2014 Results..... 6
- Looking Ahead 2015..... 7
- How You Can Help..... 8
- Board & Trustees 9



Message from the CEO



Inspiring. Exciting. AMAZING!

Three words: inspiring, exciting and amazing sum up 2014 at UCP. Each day throughout the year our team worked tirelessly to enhance the lives of children and adults with developmental disabilities as well as their families. We were inspired as we watched our clients learn new skills, gain independence and become connected to their communities. We were excited to see our numbers grow from 3,800 individuals to 4,775 and we were amazed by the ongoing generosity of our sponsors – You!

In 2015, we'll keep our promise to use your donations as intended – to support our programs and services that connect disabled individuals and their families to their communities. It's something few organizations can say, yet year after year we are able to put .90 of every dollar toward our clients. And that's amazing!

Together, we are helping families and individuals with developmental disabilities throughout Northern California experience a brighter future.

As the New Year unfolds at UCP, we feel confident that we'll continue to be inspired, excited and amazed.

Doug Bergman

A handwritten signature in black ink that reads "Doug Bergman".

CEO/President



Your support is helping Shelby live

Client: Shelby, Age 14
Program: UCP's Family Respite Care

Many of our supporters may have seen Shelby's smiling face featured on our website and collateral materials, yet you may not know her story. Take a moment to read more about the relationship between this dynamic young woman and UCP.

When Jennifer and Steve's twins, Shane and Shelby, were born 11 weeks premature, Shane suffered minimal effects, but Shelby was diagnosed with multiple challenges, including cerebral palsy.

Fortunately, familiar with UCP's Family Respite Care program, Shelby's parents knew they had a partner in caring for Shelby, who at one point required anywhere from five to 15 trips to therapy each week. In a household that includes two kids, four rescue dogs and at least one medically fragile foster baby at any given time, Jennifer and Steve continue to appreciate the opportunities UCP's respite care provides their family.

"I like being independent. I like doing stuff by myself and not having to ask. It makes me feel proud."



a life without limits.



"Just because I'm in a wheelchair doesn't mean I can't sing and dance. I'm just like everyone else."

Shelby, now 14 ½ and a freshman at Bella Vista High School, is in great hands with her respite care provider, Theresa. After eight years of working together, Shelby thinks of Theresa as a big sister who continually provides her with new opportunities for learning and adventure. While Shelby's respite worker helps her with homework and keeps her safe, she also gives Shelby the chance to have a greater sense of independence. Shelby says that working with Theresa has taught her to accept herself for who she is.

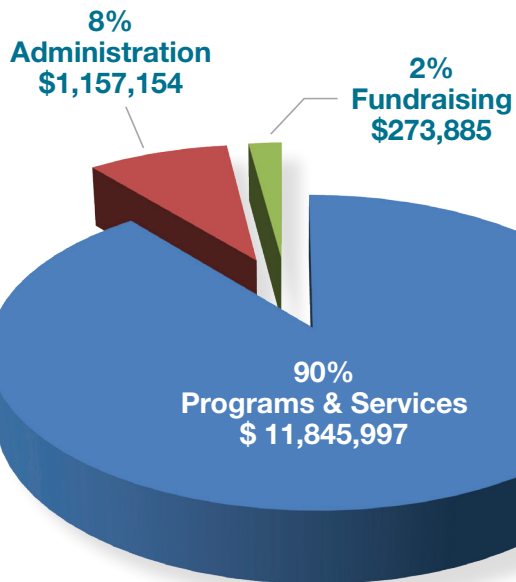
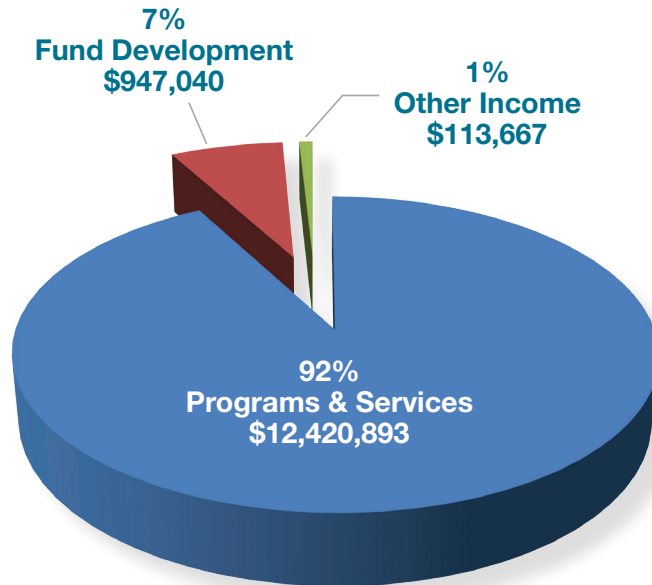
A true Renaissance woman, Shelby also participates in various adapted sports camps, including snow skiing at Camp Challenge Ourselves through Outdoor Leisure (C.O.O.L.), track and field events at the A.C.T. (Ability to Compete Together) games, and other outdoor activities with her Young Life group. And when she's not dining at her favorite restaurant, Red Lobster, you'll find her singing along to Carrie Underwood and Lady Antebellum, or winning a fierce game of UNO or Connect Four!

She dreams of one day having her own home so that she and her best friend can live independently. Shelby also plans to write an autobiography so that she can share her story with others.



FINANCIALS

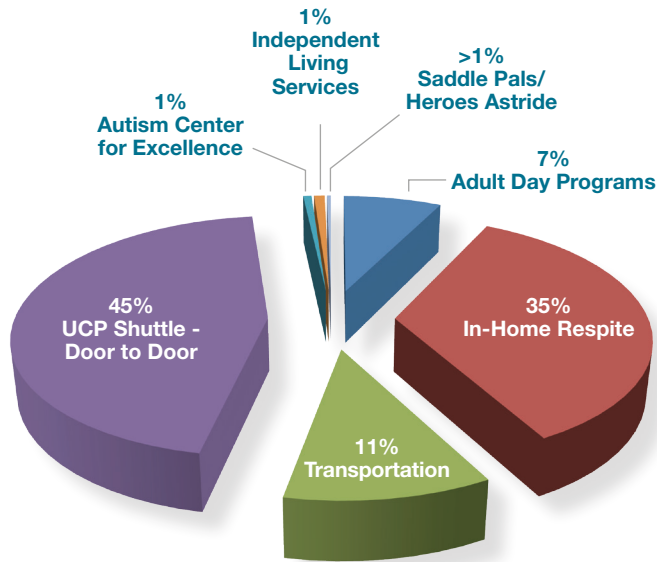
**2013-2014
Total Revenue**
\$13,481,600



**2013-2014
Total Expenses**
\$13,277,036

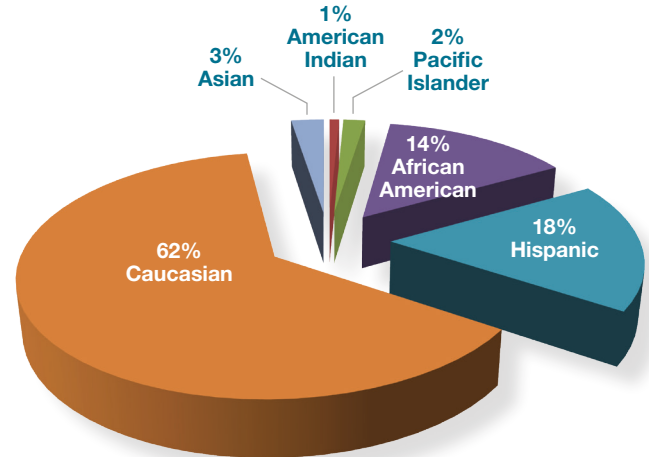
UCP AT A GLANCE

Most Utilized Programs & Services

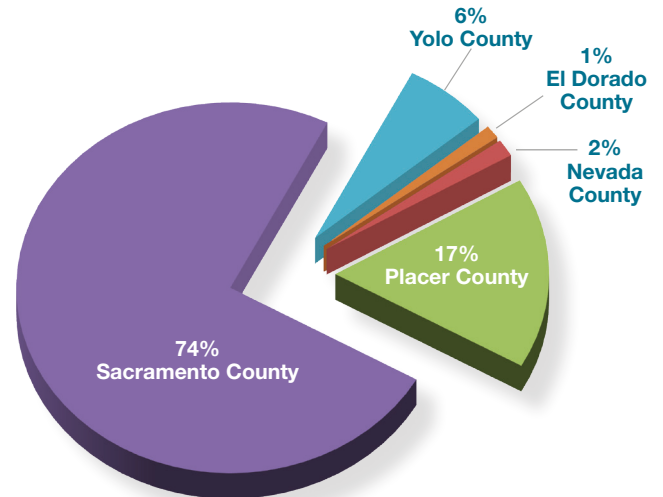


Clients served each year by UCP = 4775

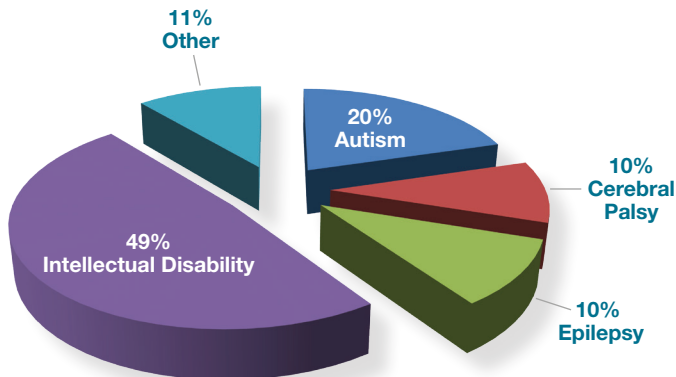
Ethnicity of People Served



Client Distribution by County



Types of Disabilities Served



2014 Results



975

number of new clients added in 2014, moving from 3,800 to 4,775



90%

of every dollar that goes directly to UCP programs and services



948,793

number of miles UCP buses travel annually to connect clients to their community



100%

of UCP clients who no longer feel isolated from their communities



1,370

families receiving Family Respite Care, 50% of those families have a child under the age of 10



92%

satisfaction rating from UCP clients and/or family members

★ Looking Ahead in 2015



Over the next year, our team will continue to focus on our clients. Our goal is to make sure they receive the programs and support necessary to connect them with their community, both **now** and in the **future**.

We'll continue to nurture our ongoing partnerships with communities, organizations and stakeholders. With state funding remaining static for the last 14 years, we'll focus on securing new ways to garner support. One of our major efforts will be to encourage supporters to name the Foundation in their estates, wills and trusts. After all, a disabled child today will continue needing support from our services 20, 35 and 50 years from now.

We're excited to see what the year ahead holds for us, and we look forward to sharing our successes with you.

It's because of you that our clients are able
to live a life without limits...



**UCP of Sacramento
and Northern California
is a proud member of the
following organizations:**

- California Respite Agency (CRA)
- Alta California Regional Center's Provider Advisory Committee (PAC)
- Lanterman Coalition - a coalition of 19 major stakeholders in California's community-based developmental services system seeking to preserve the Lanterman Act



How You Can Help



**Share this report
with family
and friends**



**Visit our
website
ucpsacto.org**



**Schedule
a tour
of UCP**



**Support UCP
with a gift
to our foundation**

Somewhere a friend, a family member or a neighbor...someone close to you, is feeling isolated. Help UCP connect these individuals to their community by getting them involved in a program, meet a new friend or learn a new skill. Help them live a life without limits. At UCP, we see the hope and confidence our programs give an individual living with a developmental disability.

This year, you can help us do something amazing!



UCP Board of Directors 2013-14

Kris Kalmbach
Chair, Cushman & Wakefield

Douglas McGehee
Vice Chair, Bank of America Merrill Lynch

Annie Granucci
Treasurer, Sacramento County Probation Department

Douglas Bosley
Secretary, Bosley Business Law

Angela Blanchard
Political Solutions

Heather Candy
VSP Vision Care

Darrielle Ehrheart
Dignity Medical

Lisa Fields
VSP Vision Care

Modie Katz
SRS Innovations

Annie Marszal
California Retail Management

The Foundation for UCP Trustees 2013-14

Paul Hersek
Chair, SAFE Credit Union

Jason Saslow
Secretary, Five Star Bank

Ron Ardisson
AutoNation

Brad Barnett
Sierra Energy

Mark Bellows
Gallina, L.L.P.

Heather Candy
VSP Vision Care

Janet Chediak
Weintraub Genshlea Chediak

Khalid Elias
Wells Fargo Bank

Annie Granucci
Sacramento County Probation Department

Toosje Koll
Resource Global Professionals

Bill O'Keefe
InterWest Insurance Services, Inc.

Janet Soule
Me Communications

Brian D. Wyatt
Law Office of Brian D. Wyatt, PC





UCP
of Sacramento and Northern California
Life without limits for people with disabilities

UCP of Sacramento and Northern California
4350 Auburn Boulevard
Sacramento, CA 95841
Phone: (916) 565-7700 • Fax: (916) 565-7773

Follow us on:

 www.facebook.com/myUCP

 www.twitter.com/UCPSacramento



United Way #3193 • CSECC #3099

ucpsacto.org

UCP of Sacramento and Northern California, FIN: 94 1507998
The Foundation for UCP of Sacramento and Northern California, FIN: 26 3279530
<http://ucpsacto.org/about-us/ucp-foundation/>