



HAPPY. HOPEFUL. THRIVING.



of Sacramento and Northern California
Life without limits for people with disabilities

2014 - 2015 ANNUAL REPORT





TABLE OF CONTENTS

Message from the CEO	1
Client Story, Cetarra, Age 23	2-3
Financials	4
UPC At-A-Glance	5
Looking Ahead 2016	6
How You Can Help	7
Board & Trustees	8



MESSAGE FROM THE CEO

Teamwork - It's Pretty Amazing!

It's hard to believe that another year has come and gone. Before we get caught up in the new fiscal year, I think it's important to reflect on some of our recent accomplishments.

I continue to be inspired by the UCP team members who never let a day go by when they aren't focusing on the needs of our clients with disabilities and their families. Even as our clientele grew from 4,775 to 5,300 individuals a month, the UCP team was always on hand to help them learn new skills, gain confidence and help them fully integrate into the community.

And, as our clientele grew, so did support from the community. Because of supporters like you, our clients gained independence through the use of newly purchased MOVE Gait Trainers, we were able to expand our Adult Day program, Family Respite program and transportation services to ensure our growing clientele is not isolated from the community. Because of your support, parents of children with autism now have the security of knowing the Autism Center for Excellence program will be there to help their kids thrive while building foundations for friendships.

At UCP, we believe in the power of teamwork and have seen what can be accomplished when staff, clients, families and supporters work together...in the power of teamwork and over the years we continue to see what can be accomplished when our staff, clients, families and supporters work together to ensure individuals with developmental disabilities have the opportunity to discover a new skill, overcome a challenge or simply experience the pride of being included.

Over the upcoming year, I invite you to come out to witness firsthand how the UCP team is changing lives. You'll see that our clients are happy, hopeful and thriving...*and that's amazing*. I guarantee you'll walk away smiling.

Thanks for being part of our team!



Doug Bergman

Doug Bergman
CEO/President





Your support is helping Cetarra

CLIENT: Cetarra, Age 23

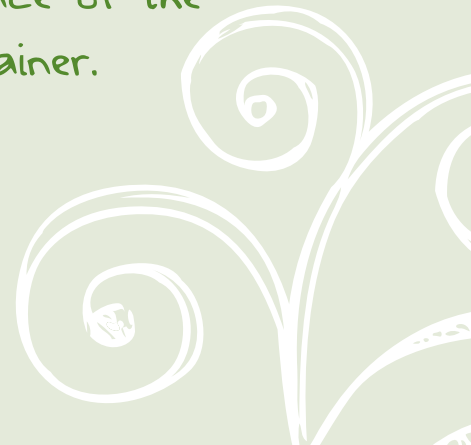
PROGRAM: UCP's Mobility Opportunities
Via Education (MOVE) Program

Meet Cetarra Lewis, a young girl with a beautiful smile and cheerful spirit. She was born with a rare genetic disorder known as Angelman Syndrome, which robbed her of her speech, is the cause of frequent and often severe seizures, and left her unable to walk without assistance. Yet Cetarra is determined to explore the world on her own two feet. And thanks to UCP's MOVE program and the Pacer, she can.

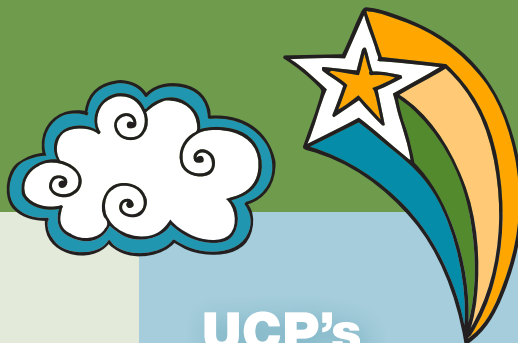
MOVE, or Mobility Opportunities Via Education, utilizes the Rifton Pacer Gait Trainer, a walker-type device designed to give individuals with physical limitations the ability to walk upright. The Pacer can adjust to fit clients of all ages and adapt to their individual strength levels, providing various levels of support. Through MOVE, clients like Cetarra enjoy assisted mobility for up to an hour per day, five days per week.

Cetarra's parents, Melinda and Ty Lewis say, "We've noticed how respect from others tends to increase when Cetarra is using the Pacer. She's able to stand on her own, she's not in a wheelchair with people looking down at her and it makes a difference. Spending much of her time in a wheelchair, or crawling when at home, Cetarra feels a sense of newfound freedom when she's able to stand upright and look individuals in their eyes."

Cetarra's smile reflects her new-found confidence by "standing and walking" with the assistance of the Pacer Gait Trainer.



explore a life without limits.



Since participating in MOVE, Cetarra, has experienced significant improvements in her health and physical strength.

Each week, she increases her capacity of walking further and for longer durations. While using the Pacer, Cetarra has the opportunity to roam the North Highlands campus of MOVE, admiring the little things along the way.

Always happy and smiling, because of UCP's MOVE program, Cetarra now has even more to smile about and miles of places to explore.

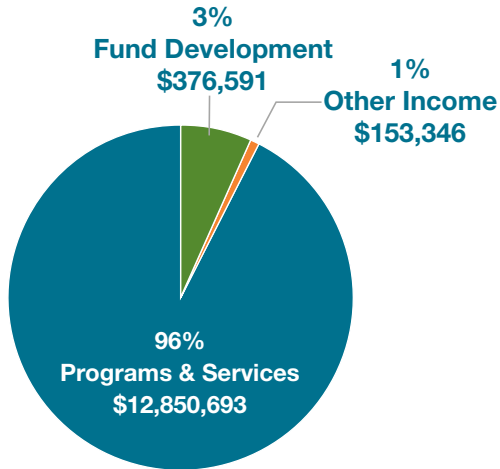


UCP's **MOVE** PROGRAM

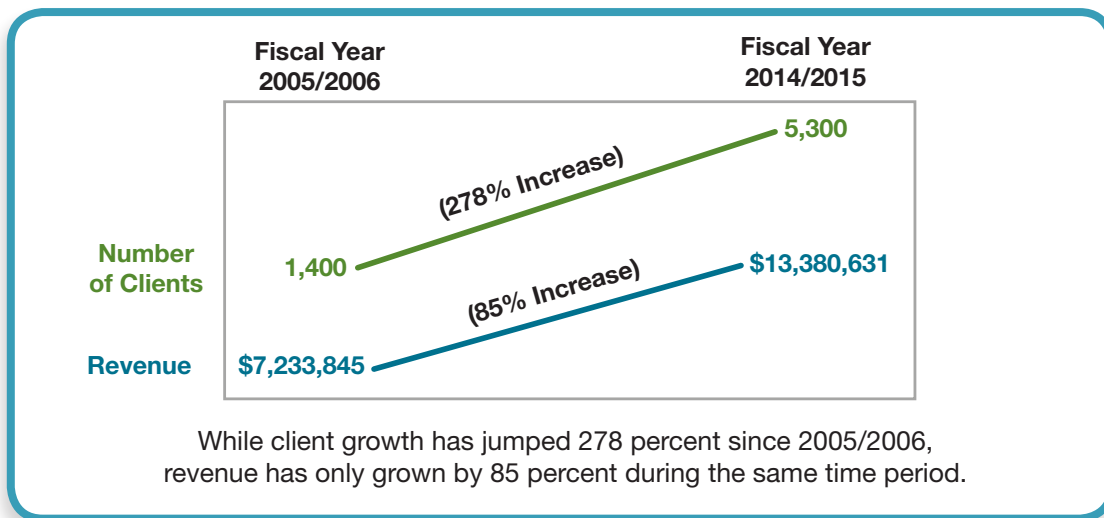
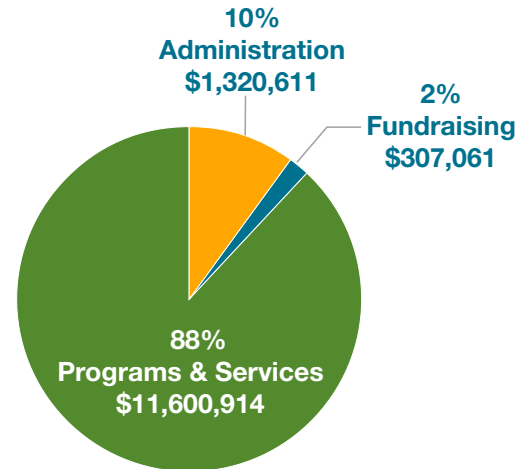
For many individuals with disabilities, relying on others is an everyday occurrence. After experiencing years of sedentary living, UCP clients are now increasing their independence through UCP's MOVE program. Through guided instruction and specialized equipment, UCP clients are learning self-help skills, increasing their ability to communicate and improving their range of motion, which leads to better health and increased dignity.

2014-2015 Financials Highlights

Total Revenue: \$13,380,630



Total Expenses: \$13,228,586



The growing need for UCP's programs and services far exceeds the increase in funding. Your support of UCP allows us to help more children, adults and their families.

Donate today!

UCP at a Glance



525

number of new clients added last year, increasing from 4,775 to 5300



1,419,997

number of miles UCP buses travel annually to connect clients to their community



1,378

families receiving Family Respite Care, 50% of those families have a child under the age of 10



96%

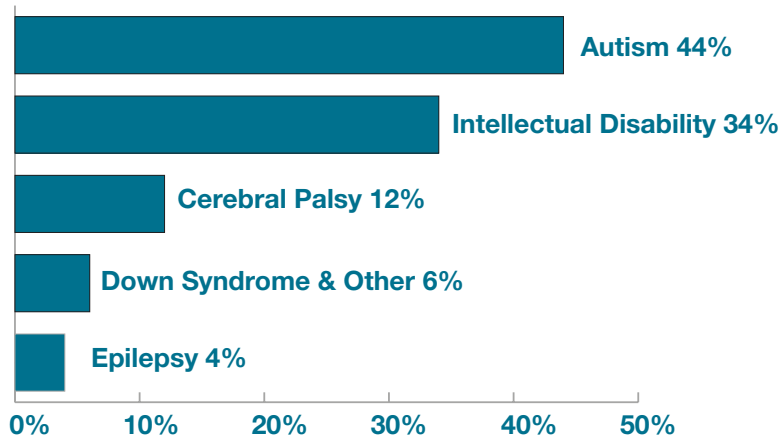
satisfaction rating from UCP clients and/or family members



2,192

number of service hours worked every day of the year

Disabilities Served



Looking Ahead in 2016



UCP of Sacramento and Northern California is a proud member of the following organizations:

- **California Respite Agency (CRA)**
- **Alta California Regional Center's Provider Advisory Committee (PAC)**
- **Lanterman Coalition** - a coalition of 19 major stakeholders in California's community-based developmental services system seeking to preserve the Lanterman Act

Over the next year, our team will continue to focus on our clients and the quality of our programs while making sure our clients have the tools and support they need to learn new skills, meet new friends and feel included in the community.

Our thriving respite program will be expanding. We'll soon be able to service clients in rural areas around Placerville and reach new families in need of respite throughout the Bay Area. We'll continue strengthening the ties we've already made with our partners and create new partnerships along the way. Our Foundation has just barely scratched the surface of finding ways to secure funding through estate planning, wills and trusts. We firmly believe that planning now for the future will ensure our clients have the help they need 10, 20 and 50 years from now.

We're excited to see what the year ahead holds for us and we're looking forward to sharing our successes with you along the way.

It's because of you that our clients are able to live a life without limits...and that's amazing!



How You Can Help



Somewhere a friend, a family member or a neighbor... *someone close to you*, is feeling isolated. Help UCP connect these individuals to their community by getting them involved in a program, meet a new friend or learn a new skill. Help them live a life without limits. At UCP, we see the hope and confidence our programs can give an individual living with a developmental disability.

This year, you can help us do something amazing!



Share this report
with family and friends



Visit our website
ucpsacto.org



Schedule a tour
of UCP



Support UCP
with a gift to our
Foundation

2014-2015

UCP Board of Directors

Kris Kalmbach
Chair, Cushman & Wakefield

Douglas McGehee
Vice Chair, Bank of America Merrill Lynch

Annie Granucci
*Treasurer, Sacramento County
of Probation Department*

Douglas Bosley
Secretary, Bosley Business Law, PC

Angela Blanchard
Political Solutions

Heather Candy
VSP Vision Care

Darrielle Ehrheart
Mercy Medical Group

Blandon Granger
SMUD

Modie Katz
SRS Innovations

Jason Little
Sutter Health

Annie Marszal



The Foundation for UCP Trustees

Bill O'Keefe
Chair, InterWest Insurance Services, Inc.

Mark Bellows
Secretary, Gallina, L.L.P.

Brad Barnett
Sierra Energy

Heather Candy
VSP Vision Care

Janet Chediak
Weintraub Genshlea Chediak

Khalid Elias
Wells Fargo Bank

Rick Fergerson
Fergerson Financial

Annie Granucci
Sacramento County Probation Department

Toosje Koll
Resource Global Professionals

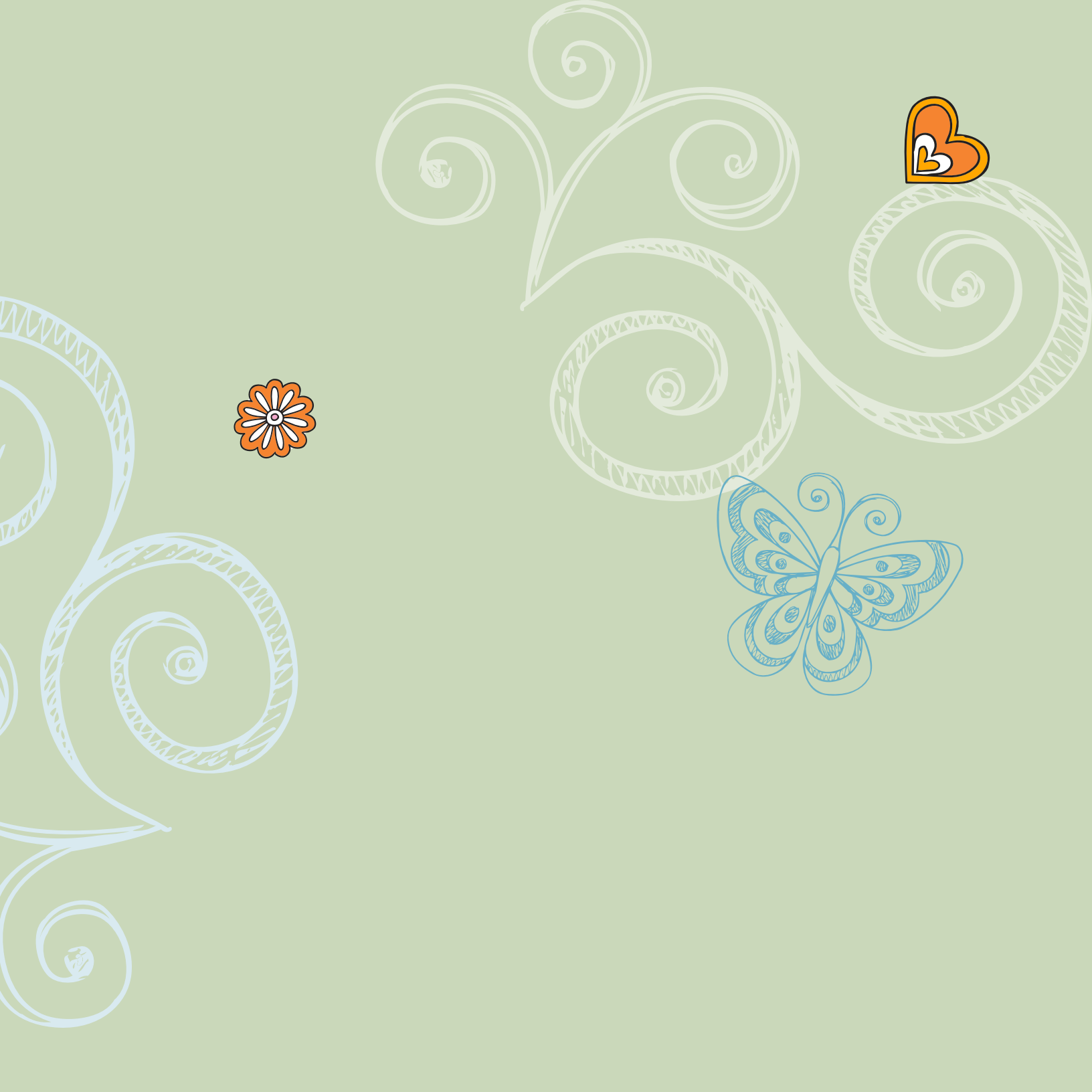
Shari Little
SACTO California's Capital Region

Kate O'Leary
Ueltzen and Company

Janet Soule
ME Communications

Brian Wyatt
Law Office of Brian D. Wyatt, PC







UCP
of Sacramento and Northern California
Life without limits for people with disabilities

UCP of Sacramento and Northern California
4350 Auburn Boulevard
Sacramento, CA 95841
Phone: (916) 565-7700 • Fax: (916) 565-7773

Follow us on:

 www.facebook.com/myUCP

 www.twitter.com/UCPSacramento



United Way #3193 • CSECC #3099

ucpsacto.org

UCP of Sacramento and Northern California, FIN: 94 1507998
The Foundation for UCP of Sacramento and Northern California, FIN: 26 3279530
<http://ucpsacto.org/about-us/ucp-foundation/>