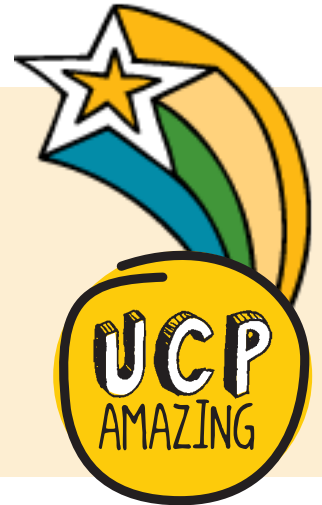


# MAKE A DIFFERENCE TODAY!

By investing in UCP of Sacramento and Northern California today, your client can help someone gain independence, learn new skills, make a friend and feel included in their community.

The following examples are investment opportunities that can provide immediate help to individuals with developmental disabilities and their families. Your gift today in one of these forms can help UCP's clients live a life without limits... *and that's amazing.*



## GIVE THE GIFT OF INCREASED INDEPENDENCE

For many individuals with disabilities, relying on others is an everyday occurrence. After experiencing years of sedentary living, UCP clients are now increasing their independence through UCP's MOVE program. Through guided instruction and specialized equipment, UCP clients are learning self-help skills, increasing their ability to communicate and improving their range of motion, which leads to better health and increased dignity.

TODAY, DO SOMETHING MOVING.



## KEEP ACE GROWING AND THRIVING DURING OUR TRANSITION PHASE

For years, UCP's Autism Center for Excellence (ACE) has provided children, aged 8-12, with autism a chance to build friendships, practice communication skills and thrive in a structured environment.

Until recently, the California Alta Regional Center was our sole referral and funding source for ACE. Now, Medi-Cal and health insurers have been mandated to cover the program. As a result of the change, funding for ACE dramatically dropped and the number of children enrolled went from 30 to 17 enrolled students. It may take up to 9 months until our funding and attendance rebound to normal levels.

**The Bottom Line:** ACE is worth our support and yours!



TODAY, BUILD A FRIENDSHIP.

# MAKE A DIFFERENCE TODAY!

Fill a tank of gas for  
a UCP bus: **\$147.60**

Opening the door  
to possibilities:  
**Priceless**



## GIVE THE GIFT OF TRANSPORTATION

Each day, UCP buses travel more than 4,500 miles, transporting our clients to UCP day programs and appointments, lifting their spirits along the way and allowing them to feel connected and included in their community.

TODAY, LIFT SOMEONE'S SPIRITS.



## GIVE THE GIFT OF SUPPORT

Right now, there's a mom trying to juggle a family, a household and the needs of a child with a developmental disability. Right now, there's a family member who is being pulled in five different directions. Right now, there's an individual in need of support, who needs to rest and unwind. Right now, there's a need for UCP's Respite Program.

UCP's Respite Program provides 16,000 hours of help per month to families living with a developmentally disabled individual. By offering support and care, UCP's Respite Program helps improve the quality of mental health and home life while reducing stress and providing much needed community support.

TODAY, PROVIDE SUPPORT.



One hour of Respite  
Care: **\$18.86**

2 hours of respite  
care (average stay  
at a home): **\$37.72**

Peace of mind:  
**Priceless**

Do you want to ensure that today's children receive UCP's service as adults? Allocate a percentage from your will by including The Foundation for UCP of Sacramento and Northern California (EIN 26-3279530) as a beneficiary in your trust document list. Talk to your financial or legal advisors. If you need an advisor go to <http://ucpsacto.org/about-us/ucp-foundation/do-something-amazing/>

Visit UCP at [www.ucpsacto.org](http://www.ucpsacto.org) to learn more about ways to give, or contact:

Steve Horton  
Director, Development and Marketing

Ph: **916.283.8312**

Email: **SHorton@ucpsacto.org**



**UCP**  
of Sacramento and Northern California  
*Life without limits for people with disabilities*