

OPENING DOORS TO  
NEW OPPORTUNITIES



2015-2016 Annual Report



UCP

of Sacramento and Northern California  
*Life without limits for people with disabilities*





## Table of Contents

Message from the CEO .....	1
Financials .....	2
UPC At-A-Glance .....	3
Client Story: Jessica & Francisco .....	4
Looking Ahead .....	6
How You Can Help .....	7
UCP Board of Directors .....	7
The Foundation for UCP.....	8



## MESSAGE FROM THE CEO

### Opening New Doors Every Day!

At UCP, we take pride in opening the doors of opportunity for individuals with developmental disabilities. Over the last year, developmental centers throughout the state faced closure due to concerns of isolation for clients and escalating expenses. UCP has worked tirelessly behind the scenes preparing for the upcoming changes. From submitting our initial application and facing numerous reviews to securing funding and finding a location, we're ready to announce the launch of Odyssey, UCP's new Adult Day Program. Located in Rancho Cordova, Odyssey will provide adults with developmental disabilities the chance to increase skills, meet friends and more importantly, have an opportunity to feel included in their community.

In addition, our respite care program will soon have the ability to reach more families as we open a new respite office in Placerville serving El Dorado county. This expansion, along with more in the works, will allow us to provide a much needed break to even more families and caregivers located throughout Northern California.

As our programs grow, so does the need for transportation. UCP's purpose-built buses do more than transport clients with development and mobility issues – they deliver a sense of freedom to individuals who otherwise feel isolated and alone due to their disabilities. Our buses and drivers help remove barriers by assisting our clients on their individual road to independence.

In fact, our bus and shuttle services have been so popular we've expanded and enhanced our services in Yolo County to fill the needs of even more clients. Today, you'll likely spot any number of our UCP buses on the roads throughout the week as they deliver our clients to appointments, day programs and more.

It makes me proud to see the positive effect UCP continues to have on the lives of people with disabilities and their families. Whether it's seeing the excitement on a client's face after learning a new skill or a having a bus deliver a client to meet an old friend, UCP is making a difference. We're opening doors to new opportunities and we couldn't do it without you.

Each year we see the need for our services increase and because of your support, we are able to keep up with the demand. Because of you, we are empowering others to live a life without limits.

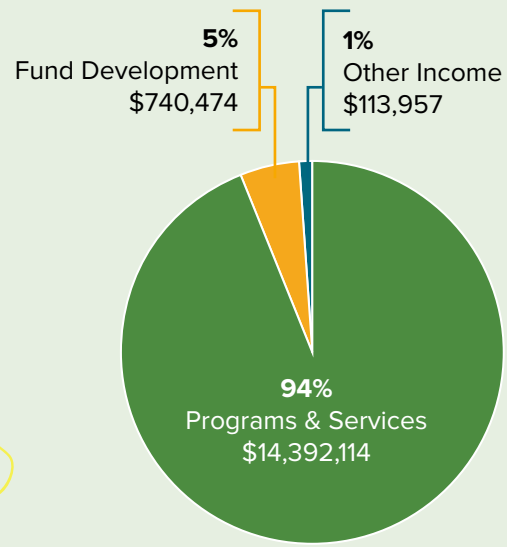
Thank you,

Doug Bergman  
CEO/President

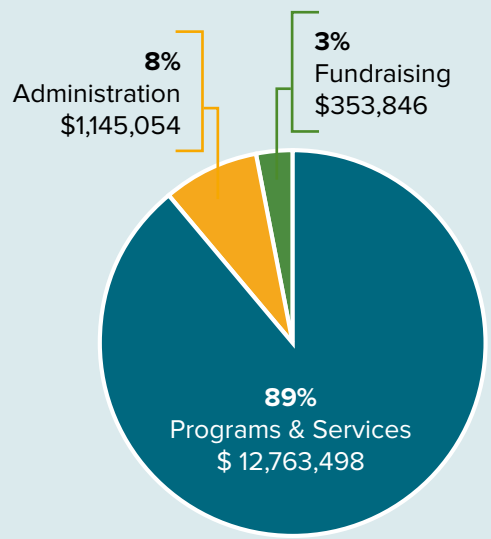
# 2015-2016 FINANCIAL HIGHLIGHTS



## 2015-2016 Total Revenue \$15,246,545



## 2015-2016 Total Expenses \$14,262,398

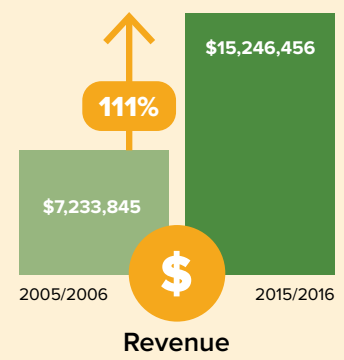
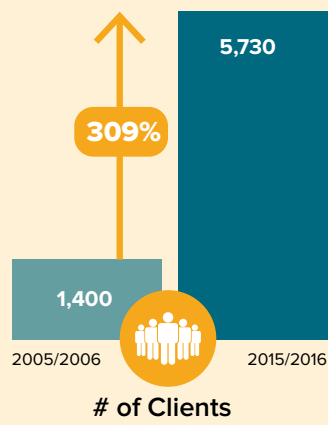


While client growth has jumped **309%** since 2005/2006, revenue has only grown by **111%** during the same time period.

The growing need for UCP's programs and services far exceeds the increase in funding.

YOUR SUPPORT OF UCP ALLOWS US TO HELP MORE CHILDREN, ADULTS AND THEIR FAMILIES.

**DONATE TODAY!**



# AT-A-GLANCE



**199,525**  
UCP bus rides provided



**430**  
New clients



**86,120**  
Family Respite sessions  
(~3 hrs each) provided

**13%**  
Increase in Adult  
Day Program  
clients



## DISABILITIES SERVED

Autism **38%**

Intellectual Disability **35%**

**15%** Down syndrome, Epilepsy, Other

**12%** Cerebral Palsy



**96%**  
Client  
satisfaction  
rating



# CLIENT STORY

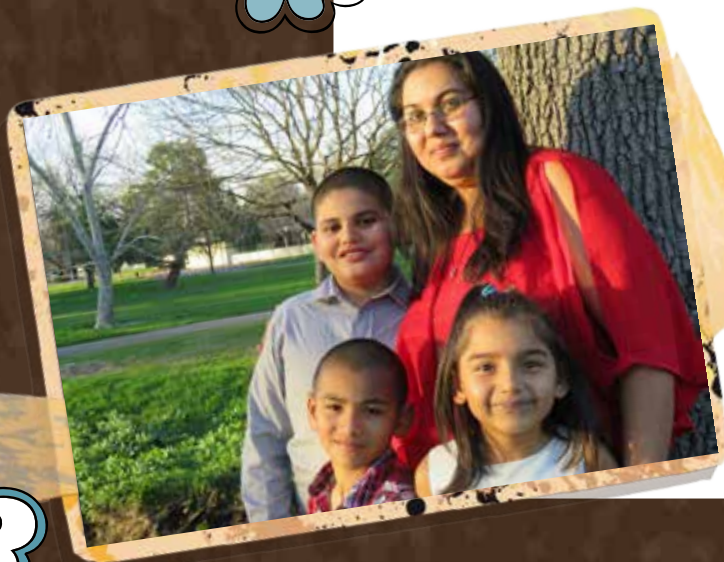
## Light at the End of the Tunnel: The Value of Respite

**Client:** Jessica & Francisco

**Program:** UCP's Family Respite Care

It hasn't always been easy for the Cattarusa family, a tight knit family of five. In fact, at times it seemed as though there was no light at the end of the tunnel for Jessica, a stay at home mom with three young children.

Life took an unexpected turn seven years ago, when her eldest son Saul (affectionately called by his middle name Francisco, after Jessica's mother Francis) was diagnosed with developmental and intellectual delay. She had first noticed something was different as she watched him interact with his pre-school classmates, and saw how he would use his hands instead of words to indicate what he needed. Following Francisco's diagnosis, she was told he would require special education classes including speech therapy and sign language to help him communicate.





Since that time, Jessica and her husband have done all that they can to support Francisco, now age 10. Although he's still not at the same level as other 6th graders his age, he's progressed steadily at a comfortable pace. He's developed a fondness for watching TV, and enjoys playing sensory games and activities that require concentration. His two younger siblings, Cynthia, 7, and Andres, 6, also keep him busy and try their best to keep him in line, which isn't always easy. Cynthia, referred to as "Little Momma," often instructs Francisco on how to do certain tasks, like putting on his shoes. When he does it right, she praises him and when he does it wrong, he gets corrected. At times he shows his independence by purposely defying her – his way of conveying he's still the older brother.

With three kids, one with special needs, life at times can be overwhelming. Before discovering UCP's Family Respite Program, Jessica admits to feeling stressed, frustrated and often alone. Her husband's busy work schedule meant she was the sole caretaker during the day, and she struggled to be there for her kids. It wasn't until she was referred to UCP's Family Respite Program that she finally saw the light at the end of the tunnel. Through respite care, she now has the relief she's been looking for.

Today, UCP's Family Respite Program has given the Cattarusa family a new lease on life. Jessica and her husband have been able to reconnect and date nights are now a regular occurrence. Leaving home is no longer a concern because they know their kids are happy with the respite caregivers. Relying on UCP's Respite program has reduced stress in the household. Francisco is continuing to learn new skills and gaining new independence, and best of all, the family, with the support they need, can now focus on the bright things in life.



# LOOKING AHEAD

Over the next year, UCP of Sacramento and Northern California will continue to focus our efforts on eliminating barriers and introducing much needed resources and programs for people with developmental disabilities.

We're prepared and excited to keep expanding our Adult Day programs to help our clients live a quality life filled with opportunities to learn new skills and feel included in their community; and we'll look for additional opportunities to increase our Respite program's range.

We will continue to find new ways to raise funds for our programs and work tirelessly to make sure doors open up and remain open for children and adults with disabilities and their families.

THROUGH IT ALL, WE HOPE YOU WILL JOIN US IN OUR EFFORTS BY ATTENDING OUR EVENTS, LEARNING MORE ABOUT LONG-TERM DONATIONS THROUGH OUR FOUNDATION, OR SIMPLY INTRODUCING US TO A FAMILY IN NEED OF SERVICES. TOGETHER, WE CAN ENSURE OUR CLIENTS CONTINUE TO LIVE A LIFE WITHOUT LIMITS.

**UCP of Sacramento and Northern California is a proud member of the following organizations:**

- **California Respite Agency (CRA)**
- **Alta California Regional Center's Provider Advisory Committee (PAC)**
- **Lanterman Coalition**  
(a coalition of 19 major stakeholders in California's community-based developmental services seeking to preserve the Lanterman Act)





## Leadership 2015-2016

### UCP Board of Directors

Douglas McGehee  
*Chair, Bank of America Merrill Lynch*

Angela Blanchard  
*Vice Chair, Political Solutions*

Rick Ferguson  
*Treasurer, Ferguson Financial*

Douglas Bosley  
*Secretary, Bosley, Till, Neue & Talerico*

Kris Kalmbach  
*At Large, Cushman & Wakefield*

Mark Bellows  
*Gallina, L.L.P.*

Blandon Granger  
*SMUD*

Jason Little  
*Sutter Health*

Annie Marszal

Patrick Stack  
*Catholic Healthcare West*

Laura Whitney

# HOW YOU CAN HELP

## It's easy to help.

Just look around you and start a conversation. You'll soon discover that a friend, a family member or a neighbor ... someone close to you is feeling isolated. Introduce someone in need to UCP so we can connect them to others in their community, get them involved in a program, help them meet a new friend or teach them a new skill. UCP can help them live a life without limits. At UCP, we see the hope and confidence our programs can give an individual living with a developmental disability.

THERE ARE SIMPLE THINGS YOU CAN DO THAT WILL HELP US DO SOMETHING AMAZING!

## YOU CAN:



**Share this report** with family and friends



**Schedule a tour of UCP**  
– See your donation at work



**Attend a UCP event**



Support UCP with a **gift to our Foundation**



**Visit our website**  
for more ways to help  
[www.ucpsacto.org](http://www.ucpsacto.org)

# THE FOUNDATION FOR UCP



The Foundation for UCP  
of Sacramento and Northern California

## Funding the future of today's children with developmental disabilities

Three great reasons to name the Foundation for UCP as  
a beneficiary in your life insurance, trust and will:

- 1 You ensure that today's children will not be forgotten in the future
- 2 Your gift will stay local for our kids
- 3 UCP has a proven track record of efficiency – making the most of donor dollars

### LEARN MORE ABOUT HOW TO SUPPORT THE FOUNDATION.

Contact Steve Horton, Director of Planned Giving at:  
[shorton@ucpsacto.org](mailto:shorton@ucpsacto.org)

#### The Foundation for UCP Trustees

Bill O'Keefe  
*Chair*  
*InterWest Insurance Services, Inc.*

Mark Bellows  
*Secretary*  
*Gallina LLP*

Brad Barnett  
*Sierra Energy*

Janet Chediak  
*Weintraub Tobin*

Khalid Elias  
*Wells Fargo Bank*

Rick S. Ferguson,  
*Ferguson Financial*

Annie Granucci  
*Sacramento County Probation  
Department*

Toosje Koll  
*Resource Global Professionals*

Kate O'Leary  
*EisnerAmper, LLP*

Janet Soule  
*ME Communications*

Brian Wyatt  
*Law Office of Brian D. Wyatt, PC*



A GIFT FROM YOU TODAY  
CAN BRIGHTEN THE FUTURE  
FOR AN INDIVIDUAL  
WITH DEVELOPMENTAL  
DISABILITIES.

Meet Emma, a single, hard-working mother of a child with a developmental disability. Emma knew she wouldn't always be around to care for her son, Dickie, so she invested in programs that would. When she passed, she left her home to UCP. Her simple, generous gift helps ensure UCP's programs and services are funded so children and adults with developmental disabilities will be cared for in the future... **now that's amazing!**



TALK TO YOUR FINANCIAL ADVISOR  
ABOUT SUPPORTING UCP!



**UCP**  
of Sacramento and Northern California

*Life without limits for people with disabilities*

4350 Auburn Boulevard  
Sacramento, CA 95841  
(916) 565-7700  
Fax: (916) 565-7773

Follow us on:



[www.facebook.com/MyUCP](http://www.facebook.com/MyUCP)



[www.twitter.com/UCPSacramento](http://www.twitter.com/UCPSacramento)



United Way #3193  
CSECC "Our Promise" #3099

[www.ucpsacto.org](http://www.ucpsacto.org)

UCP of Sacramento and Northern California, FIN: 94 1507998  
The Foundation for UCP of Sacramento and Northern California, FIN: 26 3279530  
<http://ucpsacto.org/about-us/ucp-foundation>