

TEAM UCP NEWSLETTER

SEPTEMBER 2018

#Communicate #Serve #Grow #Sustain

A Message from the CEO

By: Doug Bergman

Summer is officially over, but we wouldn't know it by the weather! UCP had a great, safe summer and I want to thank you for all your efforts. We are almost to the end of our year and our safety record has been very good. Although we didn't reach our goal of 100% Safety for the year, I am still very proud of this organization and our safety record! With the increasing number of team members, we are still staying very safe and our Safety percentage, 99.26% is remarkable! I am still convinced we can hit that 100% mark and I know you are too.



Although it hasn't been the hottest summer on record, with fewer 100 degree days, it has still been hot and I know that you all work diligently to keep our clients cool, comfortable and safe. It can be a challenge, at times, in transporting to and from programs, CBI's and day-to-day program operations, but you have done an excellent job in keeping yourselves and clients hydrated and safe and will continue to do so.

We are not done with hot days yet, so drink lots of water, stay safe, keep up the good workand stay cool!

Program Spotlight

By: Eric Ciampa

UCP strongly believes that every individual deserves the opportunity to achieve their fullest potential and live life without limits. Our DSPs/CISs do just that day in and day out. In appreciation of DSP Recognition week of September 9-15, UCP would like to acknowledge all of our DSPs/CISs for the incredible job they do!

Thank you for providing passion, commitment and patience to the individuals that attend UCP Day Programs. Without the dedication of our DSPs/CISs, the individuals we serve would be lost without their support and guidance. Our DSPs/CISs become friends, mentors and teachers to approximately 300 individuals every day. When these individuals come into our programs they want to be there and that is because of the service we provide to each and every individual.

Direct Support
Professional
RECOGNITION WEEK



ANCOR September 9-15, 2018 REELPS



The difference they make in the lives of the individuals we serve is truly appreciated! So if you happen to run into a DSP/CIS next week give them a "thank you". Thank you to all of our team members for the incredible impact you have on making life without limits possible!!

CONGRATULATIONS! SEPTEMBER 2018 ANNIVERSARIES

| | |
|------------------------------|--------|
| Barbie Mares, Respite | 15 yrs |
| Deborah Whinery, Respite | 12 yrs |
| Jay Kwon, Trans | 11 yrs |
| Lois Conger, Respite | 9 yrs |
| Kathleen Addio, Respite | 9 yrs |
| Marcy Okada, Respite | 9 yrs |
| Emileigh Emery, Respite | 9 yrs |
| Gladys Cruz, Respite | 8 yrs |
| Kelly Cook, Trans | 8 yrs |
| Vanessa Gonzales, Respite | 8 yrs |
| Lyudmila Gunko, Respite | 7 yrs |
| Julie Grande, Respite | 7 yrs |
| Colleen Waugh-Fisher, Trans | 6 yrs |
| Daniel Leonardich, Respite | 6 yrs |
| Diana Nurenberg, Respite | 6 yrs |
| Melissa Codde, Respite | 6 yrs |
| Hayley Engbrecht, Respite | 6 yrs |
| Adelita Garcia, Respite | 6 yrs |
| Sandra Avalos, Respite | 6 yrs |
| Cashmere Wilkins, SAAGE | 5 yrs |
| Anjelica Villalobos, Respite | 5 yrs |
| Tatiana Leon, Respite | 5 yrs |
| Sheila Vantine, Respite | 5 yrs |
| Armeen Etemad, Respite | 5 yrs |
| Edward Dansby, TRII | 5 yrs |
| Monique Houston, Respite | 5 yrs |
| Robert Wright, Respite | 4 yrs |
| Mitza Reyes, EOS | 4 yrs |
| Nancy Flores, Trans | 4 yrs |
| Bertha Martinez, Respite | 3 yrs |
| Liudmila Beymanova, Respite | 3 yrs |
| Aleena Elliot, Respite | 3 yrs |

Development & Marketing News By: Steve Horton



Rico Garcia is a Radio Personality and Director of Programing for KHITS 101.5, he is a really good guy and he supports UCP.

Recently Rico chatted with Alex and Kristine (UCP Development & Marketing Department) about why he supports UCP. He also tells how he used his birthday to raise \$690 for UCP

Get Rico's story on the UCP You Tube Channel. [YouTube.com/UCPSacramento1](https://www.youtube.com/UCPSacramento1)

STEPS to a Better Life!!!! Good health, good competition and a good cause. That is STEPtember. Teams of 4 take 10,000 steps a day or the equivalent every day for the month of September. Start recruiting the three other members of your team now. You can raise money by any means that makes sense to you. How? Go to STEPtember.us/ucp/norcal to log on and get more information and/or Contact Alex Kineret Coordinator Development at akineret@ucpsacto.org 916 283 8317 for more information.



Free Yourself from Clutter and Unused Stuff. Donate clothes and household goods to UCP. Free Pick Up Call 1 800 423 9350.



Safety Culture By: Kyle Vang

Slips and Trips

Slips, trips, and falls are one of the leading causes of injuries and fatalities in the workplace. According to OSHA, slip, trip, and fall incidents cause 15% of all accidental deaths, and are second only to motor vehicle incidents as a cause of fatalities on the job. While slips or trips do not cause serious injuries or the number of fatalities as falls do, they are responsible for a large number of costly injuries every year. As a result, addressing the hazards that cause slip or trip incidents should be a focus in the workplace. Slips or trips happen when there is too little friction or traction between the footwear and the walking surface. Common causes of slips or trips are, but not limited to:

- * Wet or oily surfaces
- * Liquid spills
- * Poor weather conditions
- * Loose, unanchored rugs or mats
- * Flooring or other walking surfaces that do not have same degree of traction in all areas



Good housekeeping is a basic step in preventing slip or trip incidents in the workplace. For example, keeping the walkways clear of water or oil spills is important in preventing slippery conditions that lead to injuries. When considering housekeeping also look for floor mats or other materials such as pieces of cardboard or wood that can cause a person to lose their balance due to the object moving when stepped on. Moreover, another important consideration to prevent slips or trip incidents is wearing the proper footwear. Footwear with good tread makes better contact with the walking surface which leads to less of a chance of a slip. Slip or trip incidents are hard to avoid if there are slippery conditions or other hazards that are present. The key is to eliminate these hazards, so you are not exposed to them in the workplace.



SEPTEMBER 2018 Anniversaries Continued....

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|----------------------------|-------|
| Lorena Kuper, Respite | 3 yrs |
| Jair Serrano, Respite | 3 yrs |
| Valencia Fergus, Respite | 3 yrs |
| Sarah Lynn, Respite | 3 yrs |
| Aboubakar Doumbia, SJAGE | 3 yrs |
| Veronica Albarran, Respite | 3 yrs |
| Tyler Penn, Respite | 3 yrs |
| Odilia Teshe, Respite | 3 yrs |
| Jessica Lizarraga, Respite | 3 yrs |
| John Ibarra, Shuttle | 3 yrs |
| Kimberly Medina, Respite | 2 yrs |
| Zachary Costa, Respite | 2 yrs |
| Susan Davis, Respite | 2 yrs |
| Dani Heitman, Respite | 2 yrs |
| Veronica Janecek, Respite | 2 yrs |
| Daisy Linares, Respite | 2 yrs |
| Sandra Moller, Respite | 2 yrs |
| Marisol Padilla, Respite | 2 yrs |
| Amanda Ridings, Respite | 2 yrs |
| Irina Yakimova, Respite | 2 yrs |
| Kelly Bowerman, Respite | 2 yrs |
| Je Nell Flanagan, ACE | 2 yrs |
| Alexander Sniff, Respite | 2 yrs |
| Teresa Barrow, Respite | 2 yrs |
| Gloria Jaramillo, Respite | 2 yrs |
| Ramsey Odom, Respite | 2 yrs |
| Camra La Tourette, EOS | 2 yrs |
| Leticia Camargo, SAAGE | 1 yr |
| Stephanie Hartman, Respite | 1 yr |
| Crystal Pernel, Respite | 1 yr |
| Ilaijia Tuibua, TRII | 1 yr |
| Talia Kaczmarek, Admin | 1 yr |
| Kiunda Wright, SJAGE | 1 yr |
| Regena Jauregui, Odyssey | 1 yr |
| Effie Greer, Respite | 1 yr |
| Saratessa Hayes, Respite | 1 yr |
| Linda Lowers, Respite | 1 yr |
| Davindar Mann, Respite | 1 yr |



OPEN POSITIONS

Class B & C Driver
ILS Instructor
F/T & P/T DSP
CIS
Respite Worker