



# TEAM UCP NEWSLETTER

## JUNE 2018

#Communicate #Serve #Grow #Sustain

### A Message from the CEO By: Doug Bergman

It was sure a pleasure to see some of you out at the picnic on May 19; I hope you enjoyed yourselves and we look forward to seeing those of you who couldn't make it, at the Gala in the Fall. From the comments I received and the smiles I saw, those that were there had a great time! The picnic was a perfect time to celebrate our OUTSTANDING safety record so far this year. We are currently at 99.25% Safe and that is a fantastic record with only 4 months left in the year; keep up the great job you are all doing in your programs to be safety-minded.

With lower attendance at the picnic this year than we've had in prior years, we are evaluating this event. We will be sending out a survey later this summer or early fall and asking for your feedback on what you would like. The picnic is a time to celebrate with our families the great work you are doing for our clients and in safety, but I know some of you have other jobs, or just busy lives and that makes attendance difficult. We want to provide things that you can participate in and appreciate. Put your thinking caps on and give us your recommendations when the survey comes out; your input will be appreciated.

Have a wonderful, safe and fun summer!



### Program Spotlight By: Eric Ciampa

#### UCP Receives DDS Grant for Day Programs

In May 2018 UCP received notice from the Department of Developmental Services that UCP was selected to receive a \$220,000 grant to help improve services and supports for 8 of our existing day programs and help them become more compliant with new pending federal regulations that take effect in 2022. UCP applied for this funding and proposed improving Person Centered Planning processes across our programs, improving communication tools and resources for clients, and increasing our clients ability to shape the services they receive in the future. UCP has promoted Jennie Nixon, former Program Manager at UCP's Sacramento AGE and Twin Rivers AGE I programs to help lead this effort. These funds will help UCP continue to invest and improve our services to clients who require support and programs during the day.



### CONGRATULATIONS! JUNE 2018 ANNIVERSARIES

Judy Arrezola, WCO	20 yrs
Pablita Berjuega, WCO	20 yrs
Lupita Franklin, CLASP	14 yrs
Tiffany Henderson, Respite	12 yrs
Maria Soriano, Respite	12 yrs
Leticia Ramirez, Trans	12 yrs
Lucia Flores, Respite	10 yrs
Zebunnisa Khan, Respite	10 yrs
Julie Chew, Respite	10 yrs
Charles Bansuelo, Shuttle	9 yrs
Leann Roderick, Respite	7 yrs
Cindy Buckhammer, Respite	7 yrs
Lauren Butler, Respite	7 yrs
Elida Rodriguez, Respite	7 yrs
Felipe Calixto, SJAGE	6 yrs
Rala Dayal, Respite	6 yrs
David Hitchcock, Trans	6 yrs
Vishaal Kishore, Trans	6 yrs
Lori Britt, Respite	6 yrs
Jennifer Nixon, SacAGE	5 yrs
Terese Robertson, Respite	4 yrs
Joanne Durborough, Respite	4 yrs
Katharine McCoy, Respite	4 yrs
Meaghan Thoke, Respite	4 yrs
Tatyana Filev, Respite	4 yrs
Monica Corona, Respite	4 yrs
Diana Walker, Respite	4 yrs
Elizabeth Turner, Respite	4 yrs
Karina Garcia, Respite	4 yrs
Sarah Thompson, Respite	4 yrs
Heather Pitts, Respite	4 yrs



UCP of Sacramento and Northern California is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 5,730 people a month in our eight-county area, empowering children and adults who—without support—would be isolated from community.

## Development & Marketing News By: Steve Horton

STEPS to a Better Life!!!! Good health, good competition and a good cause. That is STEPtember. Teams of 4 take 10,000 steps a day or the equivalent every day for the month to September.

Each individual raises money for the UCP cause and tracks their STEPS. The Teams that raise the most money and/or take the most STEPS win prizes!!!!

Start recruiting the three other members of your team now. You can raise money by any means that makes sense to you.

Contact Alex Kineret Coordinator Development at [akineret@ucpsacto.org](mailto:akineret@ucpsacto.org) (916) 283-8317 for more information.



Free Yourself from Clutter and Unused Stuff  
Donate your clothes and household goods to UCP.  
For a Free Pick Up Call 1 800 423 9350.  
Want that vehicle out of your way call 1 866 827 7212 to Donate your Vehicle.  
A donation will be made to UCP.



### Safety Culture By: Kyle Vang

#### Attitude Safety



How does attitude affect how safe you work on the job? A negative attitude can lead to carelessness, complacency, taking shortcuts, or even serve as a distraction from a work task. Moreover, a negative attitude towards safety specifically can eventually result in unsafe behaviors, which eventually lead to incidents occurring on the job that can result in injury or property damage.

#### How to Improve Your Attitude?

- 1. Recognize it.** The first step to improve your attitude is to recognize that it is leaning towards the negative side. If it is negative, then you need to try to improve it to be a safer and more efficient worker.
- 2. What is the source of the issue(s)?** After you recognize the state of your attitude you need to find the source of your issues that are making it negative. Is it a coworker? A job situation? Whatever it may be, take note of the negative sources.
- 3. Address the issues.** Take the time to address what is having a negative effect on your attitude. For example, if it is an issue with a coworker, have a conversation with your supervisor. Most issues can be resolved with a constructive conversation. If the issue cannot be resolved with a conversation with your supervisor, go to another level of management or Human Resources to resolve it.
- 4. Remain aware of your attitude.** It is important to do a daily self-check. If you are having more negative conversations than positive ones, then it is a good indicator that you need to improve your attitude. It is easy for your attitude to begin to tip towards the negative side as stressors pile on in your life. There is always going to be issues in your life, but it is important to not let them have a negative effect.

### Anniversaries Continued...

Karleena Skiff, Respite	4 yrs
Anthony Phillips, Respite	4 yrs
Jamie Kelley, Respite	4 yrs
Hazel Loper, Respite	3 yrs
Annette Townsel, SAAGE	3 yrs
Allison Beglin, Respite	3 yrs
Colleen Varella, Respite	3 yrs
Kristina Brewer, Respite	3 yrs
Jennifer Choban, Respite	3 yrs
Lillian Heredia, Respite	3 yrs
Victoria Largo, Shuttle	3 yrs
Lydia Lopez, SAAGE	2 yrs
Esmeralda Aranda, Respite	2 yrs
Colleen Short, Respite	2 yrs
Emily Mibach, Respite	2 yrs
Jasmine Standifer, Respite	2 yrs
Liliya Normukhamedov, Respite	2 yrs
Krystal La Hann, Respite	2 yrs
Debra Albers, Shuttle	2 yrs
Steven-Kane Twyman, TRI	2 yrs
Michelle Sutherland, ACE	2 yrs
Felicia Hadden, Respite	2 yrs
Paula Rouch, Respite	2 yrs
Kari Pallick, Respite	2 yrs
Alexis Punzal, Respite	2 yrs
Elizabeth Trevino, Respite	2 yrs
Sean Thimmes, ACE	2 yrs
Lillian Tsang, Respite	1 yr
Jessica Sepulveda, Respite	1 yr
Kelly Cooney, Respite	1 yr
Briana Vazquez, Respite	1 yr
Krystal Vasquez, PSS	1 yr
Dawson Neilsen, EOS	1 yr
Kuab Lor, Respite	1 yr
Trang Nguyen, Respite	1 yr
Robert Patty, EOS	1 yr



### OPEN POSITIONS

- Class B & C Driver
- F/T & P/T DSP
- CIS
- Respite Worker
- Full Time RN
- Respite Workers

