



# TEAM UCP NEWSLETTER

January 2016

#Communicate #Serve #Grow  
#Sustain

## A Message from the CEO

By: Doug Bergman

I hope you all had a wonderful holiday season and you are rested and ready to start the new year. We all need that time to ourselves to recharge our batteries and spending time with family and friends is a great way to do just that. As always, we have a lot to accomplish this year, as we strive to make our programs and services better for our clients. We are always interested in your ideas and suggestions for improvement.

Please make sure to let your manager know, if you have any ideas you'd like to share and remember....UCP's Open Door Policy; myself, or anyone on the Leadership Team welcomes your suggestions.

**Let's make 2016 our best year yet!!**



## Program Spotlight

By: Eric Ciampa

UCP's Autism Center for Excellence (ACE) is a structured after school behavior analysis (ABA) socialization training program designed to meet the needs of children 8-12 with autism. The ACE program provides opportunities to work on socialization skills, build friendships, learn team work and increase appropriate behaviors in a 1 to 3 staffing ratio. At the end of the year the participants are able to take their newly acquired skills to ACE Camp located at Grizzly Creek Ranch and enjoy activities that they have not experienced before. ACE is a contracted provider of Alta California Regional Center and most insurance companies, including Medi-Cal. This means potential clients can now be referred through and funded by their insurance carriers. The ACE program is also unique in that it is in a collaborative partnership with California State University, Sacramento. For more information, contact Carrie Strong at 916-548-2562.



ACE STAFF

## CONGRATULATIONS! JANUARY 2016 ANNIVERSARIES

Dennis Keefe, SJAGE	15 yrs
Merlene Fehlberg, Respite	13 yrs
Denis Riles, Respite	13 yrs
Terrie Pouncil, SAAGE	13 yrs
Michelle Bautista, WCO	12 yrs
Michelle Basey, Respite	10 yrs
Peter Sandoval, Trans	9 yrs
Theresa Sharma, Respite	9 yrs
Towanda Starks, Respite	9 yrs
Michelle Fisher, Respite	8 yrs
Sean Rafferty, Shuttle	8 yrs
Stephen Horton, Admin	7 yrs
Elizabeth Holt, Respite	7 yrs
Maria Arana, Respite	5 yrs
Sandra Espinosa, Respite	5 yrs
Jane Bucher, PSS	5 yrs
Justin Carlos, EOS	4 yrs
Antonio Coria, Respite	4 yrs
Shawnta Carpenter, Respite	4 yrs
Laura Cunnagin, Respite	4 yrs
Debra Hale, Respite	4 yrs
Keeana Tucker, Respite	4 yrs
Kelli Carrillo, Respite	4 yrs
Yolanda Hernandez, Respite	4 yrs
Brandee Tracy, Shuttle	3 yrs
Diana Comstock, Respite	3 yrs
Lucia Orellana, Respite	3 yrs
Maria Lopez, Respite	3 yrs
Doralice Collins, Respite	3 yrs
Lauren Bechthold, Respite	3 yrs



UCP of Sacramento and Northern California is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 4,775 people a month in our eight-county area, empowering children and adults who—without support—would be isolated from community.

**Development & Marketing News**  
By: Steve Horton



The community supports what you do! The Year End Giving initiative raised \$9,340 exceeding our goal of \$7,000. One of our appeals was to buy a tank of gas and one donor gave exactly \$147.60. Another donor read about Cerrara in the Sac Bee "Book of Dreams" and gave \$1,500.

Cleaning out after the Holiday season? If so, if it fits in a dresser drawer, hangs in your closet, fits into a large box and you don't want it anymore – then donate your household goods, clothes, and

furniture to UCP call 1 800 860 0357 for a free pickup.

Do you have a vehicle in your driveway that does not work or you cannot sell? Free towing, paperwork and a receipt. It is that easy to make a vehicle you no longer want or can't sell. UCP provides free towing of your unwanted motorcycle, boat, RV or car. Call 1 866 827 7212



Facebook icon: "Like" [www.Facebook.com/myUCP](http://www.Facebook.com/myUCP), UCP Instagram at [Instagram.com/UCPSacramento](https://www.instagram.com/UCPSacramento) & UCP Twitter @UCPsacramento.

**JANURARY 2016**

**Anniversaries Continued...**

- William Hodgson, Respite 3 yrs
- Danielle Naranjo, TRII 2 yrs
- Rebecca Koutney, Respite 2 yrs
- Denise Amadeo, Respite 2 yrs
- Sabrina Newton, Respite 2 yrs
- Valentina Derbeneva, Respite 2 yrs
- Alejandra Nieto, Respite 2 yrs
- Jennifer Schultze, Respite 2 yrs
- Michelle Perryman, Respite 2 yrs
- Lia Brown, Admin 1 yr
- Stephanie Welday, ACE 1 yr
- Stephanie Cran, ACE 1 yr
- Maritza Roacha, Respite 1 yr
- Malory Gilbert, Respite 1 yr
- Jerry Pace, Trans 1 yr
- Kendall Ranklin, ACE 1 yr



**Safety Culture**  
By: Dennis Tran

**Tips to Avoid**

**Carbon Monoxide Poisoning**

**Carbon Monoxide Poisoning:**

According to the CDC, "the first month of the year is the worst for carbon monoxide (CO) poisoning". At least 2 people die each day from CO poisoning in January as a result from working with fuel burning furnace, vehicle, generator, grill, or elsewhere.

Carbon monoxide, an odorless, colorless gas, which can cause sudden illness and death, is produced any time a fossil fuel is burned. CO from these sources can build up in enclosed or semi-enclosed spaces and poison the people and animals in them. Carbon Monoxide is referred to as the "silent killer" because most victims do not smell, hear, taste, see or feel carbon monoxide. Common symptoms include headaches, nausea, dizziness, or confusion.

- ◆ Have your heating system, water heater and any other gas, oil or coal-burning appliance inspected and serviced by a qualified technician every year.
- ◆ Install battery-operated CO detectors on every level of your home.
- ◆ Don't use a generator, charcoal grill, camp stove or other gasoline or charcoal-burning device inside the home, basement or garage or outside the home near a window.
- ◆ Don't burn anything in an unvented stove or fireplace.
- ◆ Don't let a vehicle idle inside a garage attached to a house, even if the garage door is left open.
- ◆ Don't heat a house with a gas oven.

**CARBON MONOXIDE (CO) POISONING**



**UCP REFERRALS**  
THEY REALLY PAY OFF

**\$200** That's right. You can make up to \$200 for every Team Member you refer!!!

BONUS DETAILS: Applicants must put your full name on their application when they apply. For each referral who is hired and completes their first 6 months you will receive a \$200 bonus.



**OPEN POSITIONS**

- \* **DSP**
- \* **Supplemental**
- \* **1:1**
- \* **Class C & B Drivers**
- \* **Respite Workers**
- \* **Program Supervisor**
- \* **Accounting Technician**
- \* **P/T Dispatcher**