



TEAM UCP NEWSLETTER

January 2017

#Communicate #Serve #Grow
#Sustain

A Message from the CEO By: Doug Bergman

HAPPY NEW YEAR!

As always, the start of a new year gives us an opportunity to personally reflect on what we are doing well and what we might improve. It is also a great time for us to do the same in our programs. How can we improve? Where are our opportunities? As we usually find for ourselves, we can find for our programs too; there is always opportunity for improvement. I encourage you to work together as a team and come up with efficiencies, economies and improvements. I have every confidence in our team to continue to grow and flourish as an organization. I wish for us all a very happy and prosperous 2017.



Program Spotlight By: Eric Ciampa

Odyssey

We are pleased to announce the opening of our new 10th day program, Odyssey very soon. Located in Rancho Cordova, this new program will have enhanced services that will serve individuals coming out of Sonoma Developmental Center and the community at large. Odyssey is committed to providing positive learning opportunities that challenge and support our clients' success while promoting personal choice and inclusion into the community. These experiences are designed to promote optimal growth, skill acquisition and independence while enhancing the client's quality of life. Also if you have not heard, Loie Rhodes from Aero Haven will be the new Program Manager for Odyssey. Loie brings a wealth of knowledge and passion regarding these enriched services with her to the Odyssey program. Through this new program, Odyssey will hire Community Integration Specialist's (CIS) already employed with UCP. This is a great opportunity for current DSP's that consistently go above and beyond, to be promoted. To be considered to work in this program, current DSP's must be at a minimum Level 2 or higher to apply for the position of CIS. It also means an increase in wages and an opportunity to provide enriched services for UCP Odyssey clients.

CONGRATULATIONS! JANUARY 2017 ANNIVERSARIES

Dennis Keefe, SJAGE	16 yrs
Merlene Fehlberg, Respite	14yrs
Denis Riles, Respite	14 yrs
Michelle Bautista, WCO	13 yrs
Michelle Basey, Respite	11 yrs
Theresa Oates, Respite	10 yrs
Towanda Starks, Respite	10 yrs
Michelle Fisher, Respite	9 yrs
Stephen Horton, Dev	8 yrs
Elizabeth Holt, Respite	8 yrs
Maria Arana, Respite	6 yrs
Sandra Espinosa, Respite	6 yrs
Jane Bucher, PSS	6 yrs
Antonio Coria, Respite	5 yrs
Shawnta Carpenter, Respite	5 yrs
Laura Cunnagin, Respite	5 yrs
Keeana Tucker, Respite	5 yrs
Kelli Carrillo, Respite	5 yrs
Yolanda Hernandez, Respite	5 yrs
Brandee Tracy, Shuttle	4 yrs
Maria Lopez, Respite	4 yrs



Development & Marketing News

By: Steve Horton

CELEBRATE the support of community: The Wynant Foundation is supporting ACE Camp with a \$10,000 grant. This generous support demonstrates that the community values your work. Sierra Energy looks like they will set a record this year for funds raised from their customers – over \$15,000. Customers put a donation into UCP canisters which sit on Sierra Energy gas station counters.



The Year End Giving Initiative has raised over \$9,500 with more donations expected.

We wish you all the best of the New Year.



“Like” [www.Facebook.com/myUCP](https://www.facebook.com/myUCP) ,

UCP Instagram at :

[Instagram.com/UCPSacramento](https://www.instagram.com/UCPSacramento)

& UCP Twitter [@UCPsacramento](https://twitter.com/UCPsacramento)

UCP Safety Culture: Conscious Choking Emergency

By: Kyle Vang

Just a reminder to all team members that of all the skills that you are trained on through the American Red Cross First aid/ CPR/ AED class, the conscious choking skill is used most often here at UCP of Sacramento and Northern California. We are working with developmentally disabled persons; some have poor swallowing mechanisms, some have enlarged tongues; some are shovelers/stuffers (eat their food too fast) making them more susceptible to choking.

A person with a partially blocked airway can still move air to and from the lungs, so he or she can cough to try to dislodge the object. A person with a completely blocked airway cannot cough, speak, or breathe, and may have a panicked look and/or discoloration (blue, purple) on their face. This person will need back blows and abdominal thrusts to clear the airway. When giving 5 back blows. Position yourself to the side and slightly behind person. Bend the person forward at the waist so that the person's upper body is as close to parallel to the ground as possible. Position the heel of one hand between shoulder blades and give 5 back blows.

When giving 5 abdominal thrusts. Have the person stand up straight. Position yourself behind the person with one foot in front of the other and knees slightly bent for balance. Locate the navel using two fingers of one hand. Place other fist with the thumb side against the middle of the person's abdomen, just above the two fingers. Cover fist with the other hand and give 5 abdominal thrusts. Alternate giving 5 back blows and 5 abdominal thrusts until the object is forced out.

Always make the call to 911 or the designated emergency number, due to the airway possibly being damaged, swollen and closed.



JANURARY 2017

Anniversaries Continued...

Lauren Bechthold, Respite	4 yrs
William Hodgson, Respite	4 yrs
Danielle Naranjo, TRII	3 yrs
Rebecca Koutney, Respite	3 yrs
Denise Amadeo, Respite	3 yrs
Sabrina Newton, Respite	3 yrs
Valentina Derbeneva, Respite	3 yrs
Alejandra Nieto, Respite	3 yrs
Jennifer Schultze, Respite	3 yrs
Lia Brown, Admin	2 yrs
Stephanie Welday, ACE	2 yrs
Maritza Roacha, Respite	2 yrs
Malory Gilbert, Respite	2 yrs
Jerry Pace, Trans	2 yrs
Timothy Fechter, Respite	1 yr
Bryan Ernst, Respite	1 yr
Meriveth Maldonado, Respite	1 yr
Angelica Arrospide, Respite	1 yr
Joseph Fairbanks, TRII	1 yr
Jared Butler, Shuttle	1 yr
Patricia Sperry, SAAGE	1 yr
Michael Ryan, EOS	1 yr

**WE'RE
HIRING**

OPEN POSITIONS

- * F/T & P/T DSP
- * Class B & C Driver
- * Respite Worker
- * RN
- * Program Supervisor
- * Community Integration Specialist