

### A Message from the CEO By: Doug Bergman



I would like to introduce you all to our new Chief Financial Officer, Kyle Smith! Kyle brings to his position years of experience in the financial and technical areas. For the past 12 years, Kyle has been the CFO of an alternative energy company in Rancho Cordova. Kyle and his "incredible" (by his own definition) wife, Emily have two children, daughter Sydney, 8, and son Colby who is 6. Kyle enjoys the outdoors; golf, tennis, hiking, camping and now that Colby has lost his training wheels, fun family biking. I will be bringing Kyle around to your programs in the near future, to see the wonderful work that you are doing! Please join me in welcoming Kyle to our family.

### Introducing Respiteer By: Jim Gledhill

#### Elevating Family Caregivers and Respite!

UCP has developed an exciting new program to promote the value of family caregivers and respite care. It's called Respiteer, and the goal is to connect family caregivers around the world through an online community and to promote the value of respite care in sustaining them.

A Respiteer is defined as any individual or group that supports family caregiver wellness, including: caregivers, care recipients, respite providers, volunteers, relatives, friends, neighbors, co-workers, employers and organizations. There are close to 45 million family caregivers in the United States, providing an average of 24 hours per week of care to a loved one. The economic value of this "free" care is \$450 billion dollars per year, which represents a huge savings to taxpayers.

Many family caregivers are under extreme stress. The goal of Respiteer is to give them (and their supporters) a brand identity that fills them with pride and hope, and to provide a technology-based online community where they can connect, share information, offer encouragement and build awareness of the value of respite care to keep them going. Please take a moment to register for free as a Respiteer at [www.respiteer.com](http://www.respiteer.com) and get a certificate of membership sent to you. You can also engage with Respiteer on Facebook at [www.facebook.com/respiteer](http://www.facebook.com/respiteer).

# DARE TO CARE



### CONGRATULATIONS! AUGUST 2015 ANNIVERSARIES

Jeannette Morris, Respite	20 yrs
Stephen Lobue, Trans	16 yrs
Glenda Brown, Respite	14 yrs
Jane De Zell, Saddle Pals	11 yrs
Tema Robinson, Respite	10 yrs
Janette Payne, Respite	10 yrs
Teaira Harris, Respite	9 yrs
Hildegard Humphreys, PSS9	yrs
Dianne Andres, Respite	8 yrs
Katrina Kyes, Respite	7 yrs
Emma Rivas, Respite	7 yrs
Fornisha Evans, Respite	6 yrs
Jennifer Puccio, Respite	6 yrs
Delmi Guerra, Respite	6 yrs
Devora Clinkenbeard, Respite	6 yrs
Bee Xiong, TRII	5 yrs
Natividad Medina, Trans	5 yrs
Karem Solis, Respite	4 yrs
Yana Grek, Admin	4 yrs
Rosa Serrano, Respite	4 yrs
Virgilio Bautista, Trans	4 yrs
Mikk Tallman, Respite	4 yrs
Jacqueline Smith, Respite	4 yrs
Shirley Calloway, Respite	4 yrs
Grace Gose, Respite	4 yrs
Sheila Alvarado, WCO	4 yrs
Kristy Foley, Respite	4 yrs
Jenna Proeung, SAAGE	4 yrs
Torri Yi, Respite	4 yrs
Mireya Almazan, Respite	3 yrs

## Development & Marketing News

By: Steve Horton

**GET ACTIVE  
HAVE FUN &  
SUPPORT**  
CHILDREN & ADULTS  
WITH CEREBRAL PALSY

**REGISTER  
NOW**  
SEPTEMBER  
SEPTEMBER.US

10,000 steps per day or its equivalent is the recommended amount of daily activity. You can improve your own health and the lives of 4,775 children, adults and families at UCP by raising donations for UCP.

Become a STEPtember team leader and engage three other team members to raise money and engage in health improving fitness. Go to <http://www.september.us/ucpsnc> to start making a difference now!

### Back-to-School Safety

By: Christina Kimble

As summer draws to a close, back-to-school season is in full effect. Remember to safely share the roads with school buses, pedestrians and bicyclists, and provide children with the necessary knowledge to stay safe at school.



Whether children walk, ride their bicycle or take the bus to school, it is extremely important that they - and the motorists around them - take proper safety precautions.

- Don't block the crosswalk when stopped at a red light or waiting to make a turn, forcing pedestrians to go around you; this could put them in the path of moving traffic
- In a school zone when flashers are blinking, stop and yield to pedestrians crossing the crosswalk or intersection
- Always stop for a school patrol officer or crossing guard holding up a stop sign

Free towing, paperwork and a receipt. It is that easy to make a vehicle you no longer want or sell. UCP provides free towing of your unwanted motorcycle, boat, RV or car. Call 1 866 827 7212



If it fits in a dresser drawer, hangs in your closet, fits into a large box, is furniture or plugs into a socket or runs on batteries and you don't want it anymore - donate your household goods, furniture and eWaste to UCP **call 1 800 860 0357 for a free pickup.**

 "Like" [www.Facebook.com/myUCP](http://www.Facebook.com/myUCP) or UCP  
 Twitter @UCPsacramento

- Take extra care to look out for children in school zones, near playgrounds and parks, and in all residential areas
- Don't honk or rev your engine to scare a pedestrian, even if you have the right of way
- Never pass a vehicle stopped for pedestrians
- When passing a bicyclist, proceed in the same direction slowly, and leave 3 feet between your car and the cyclist
- When turning left and a bicyclist is approaching in the opposite direction, wait for the rider to pass
- Watch for bike riders turning in front of you without looking or signaling; children especially have a tendency to do this
- Be extra vigilant in school zones and residential neighborhoods
- Watch for bikes coming from driveways or behind parked cars
- Check side mirrors before opening your door

By exercising a little extra care and caution, drivers and pedestrians can co-exist safely in school zones.

## AUGUST 2015

### Anniversaries Continued....

Alex Risley, Respite	3 yrs
Michael Wright, ACE	3 yrs
Becky Penrod, ACE	3 yrs
Paola Ortiz Serrano, Respite	3 yrs
Brianne Forssell, Respite	3 yrs
Sandy Mendoza, Respite	3 yrs
Sandra Gutierrez, SacAGE	2 yrs
Walter Mansfield, SJAGE	2 yrs
Eric Ciampa, Admin	2 yrs
Karen Sweet, Respite	2 yrs
Laura Fisher, Respite	2 yrs
Priscilla Peluso, Respite	2 yrs
Terraile Wallace, Respite	2 yrs
Kaylee Lankford, Respite	2 yrs
Judy Mansanet, Respite	2 yrs
Cedric Martin, Respite	2 yrs
Felisiana Rosales, Respite	2 yrs
Kori Folau, Respite	2 yrs
Diane Blackmon, Respite	2 yrs
Jean-luc Staunton, SacAGE	1 yr
Summer Brister, Respite	1 yr
Kaylee Zafra, WCO	1 yr
Judy Johnson, Respite	1 yr
Melina Collazo, WCO	1 yr
Natalie Fonseca, Respite	1 yr
Shanise Shaver, Respite	1 yr



### OPEN POSITIONS

- \* DSP
- \* Supplement
- \* 1:1
- \* Class C & B Drivers
- \* RN @ WCO
- \* Respite Worker
- \* Program Manager

# Would you like \$100?

Did you know that you can make an extra \$100 in just 90 days? How, refer a Class B driver to our program and if they're hired and maintain their position for 90 days, you've just made \$100!! It's that simple. Class B drivers is the hardest position for us to recruit and is extremely competitive.

So talk to all your friends and find out if anyone has a Class B drivers license and is interested in a very rewarding and great job!

