



FOR IMMEDIATE RELEASE
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**UCP OF GREATER SACRAMENTO RECEIVES GRANT FROM 20-30 CLUB
Grant will help kids with autism attend summer camp**

SACRAMENTO—This summer, youth with autism will have the chance to build on the skills and relationships they developed during the year at the [UCP Autism Center for Excellence at Sacramento State](#) by attending [A.C.E Camp](#), thanks to a \$2,000 grant from the [20-30 Club](#). The grant to [UCP of Greater Sacramento](#), which empowers people with developmental disabilities to live life without limits, will enable children to attend summer camp at [Grizzly Creek Ranch](#).

“Autism diagnoses have skyrocketed in recent years, and we are working hard to ensure that children with autism have the chance to live life to the fullest and participate in community activities like summer camp,” said Doug Bergman, UCP president and CEO. “Thanks to the 20-30 Club, more children will experience the one-of-a-kind thrill of summer camp.”

UCP of Greater Sacramento will send 15 A.C.E. participants to camp for a week to learn swimming, arts and crafts, kayaking, archery, volleyball, scooter hockey, fishing, soccer and dancing, as well as enjoy a movie night, campfire time and a talent show.

UCP campers also will build on the skills learned at A.C.E. during the year, where children ages 8-12 with autism learn the skills to participate in community-based recreational activities. Designed to serve as a model program to be replicated throughout the region, A.C.E. was formed in Fall 2008 after the [UC Davis MIND Institute](#) and [Warmline Family Resource Center](#) determined there was a strong need for this type of program.

Using an interdisciplinary approach, A.C.E. professional staff includes occupational therapists, speech therapists, adaptive physical activity specialists and behavioral analysts. Participants take part in a large group activity to practice communication skills before dividing into smaller groups that help them see the inter-relatedness of the people in their lives. Parents are then instructed on techniques to use at home.

Camp tuition costs \$600 per child. To sponsor a child at A.C.E. Camp, or make a donation, contact Steve Horton at (916) 283-8312 or shorton@ucpsacto.org. For more information, visit www.ucpsacto.org/PLAY.htm.

Each month, 2,600 children and adults with developmental disabilities and their families are empowered to live life without limits at [UCP of Greater Sacramento](#). UCP is the leading provider of comprehensive services to children, adults and families with developmental disabilities in El Dorado, Nevada, Placer, Sacramento and Yolo counties. Programs include [Saddle Pals therapeutic horseback riding](#), [UCP's Autism Center for Excellence at Sacramento State](#), [adult day programs](#), [independent living services](#), [transportation](#) and [in-home respite care for families](#). For more information, visit www.ucpsacto.org.

The mission of 20-30 Club chapters around the world is to provide young adults with an opportunity for personal growth, friendships and leadership development while improving the quality of life for special needs children in the community. For more information about the Sacramento chapter, visit <http://sac2030.org>.

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