



FOR IMMEDIATE RELEASE
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**UCP OF GREATER SACRAMENTO
ANNOUNCES NEW ONLINE RESOURCE FOR PARENTS**

SACRAMENTO—[UCP of Greater Sacramento](#) has connected to the new Web site, [MyChildWithoutLimits.org](#), which helps parents of children ages 0 to 5 who are newly diagnosed with a developmental disability. The site provides an online resource with critical information and also connects parents to a vital social network.

“This is a profound tool for local parents who have just learned their child has a developmental disability,” said Doug Bergman, UCP of Greater Sacramento president and CEO. “This online community will play an important role in ensuring families never feel isolated, and their children can grow up living life without limits.”

The site provides access to disability-related information, resource guides and experts to help parents [understand each disability](#), [access early intervention services](#) and [find opportunities to advocate](#) for their children. The [community section](#) helps parents communicate with each other and ask questions of professionals and service providers.

Each month, 1,700 children and adults with developmental disabilities and their families are empowered to live life without limits at UCP of Greater Sacramento. UCP is the leading provider of comprehensive services to children, adults and families with developmental disabilities in El Dorado, Nevada, Placer, Sacramento and Yolo counties. Programs include [Saddle Pals therapeutic horseback riding](#), [UCP’s Autism Center for Excellence at Sacramento State](#), [adult day programs](#), [independent living services](#) and [in-](#)



[home respite care for families](http://www.ucpsacto.org). For more information, visit www.ucpsacto.org.

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