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### **UCP OF GREATER SACRAMENTO RECEIVES \$22K GRANT FROM BANK OF AMERICA**

SACRAMENTO—Bank of America has donated \$22,000 to [UCP of Greater Sacramento](http://ucpsacto.org) to help people with developmental disabilities learn how to [live independently](#). Grant funding will also provide assistance to UCP’s other programs that help people with developmental disabilities live life without limits.

“Helping people live independently is a win-win,” said Doug Bergman, UCP of Greater Sacramento president and CEO. “Our independent living program reduces state costs by two-thirds and renews the independent spirit of people with developmental disabilities. Bank of America has made a profound commitment, not only to people with developmental disabilities, but to their families and our entire community.”

Serving 52 low-income clients each month, UCP’s independent living program provides clients with individualized instruction in their home and community, tailored to each client’s specific goals. Areas of instruction include personal/social development, financial management, health, safety, household management and self-advocacy. The program also teaches meal planning, nutrition, cooking, public transportation to grocery stores and how to shop.

Each month, 1,700 children and adults with developmental disabilities and their families are empowered to live life without limits at UCP of Greater Sacramento. UCP is the leading provider of comprehensive services to children, adults and families with



developmental disabilities in El Dorado, Nevada, Placer, Sacramento and Yolo counties.

Programs include [Saddle Pals therapeutic horseback riding](#), [UCP's Autism Center for Excellence at Sacramento State](#), [adult day programs](#), [independent living services](#) and [in-home respite care for families](#). For more information, visit [www.ucpsacto.org](http://www.ucpsacto.org).

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